



Dr. Techy says,  
rely on testing  
for decisions.

**BULLETIN NO. 2**  
**JUNE, 2013**

## **HORMONES AND PAIN CARE** **WHAT IT IS NOT!**

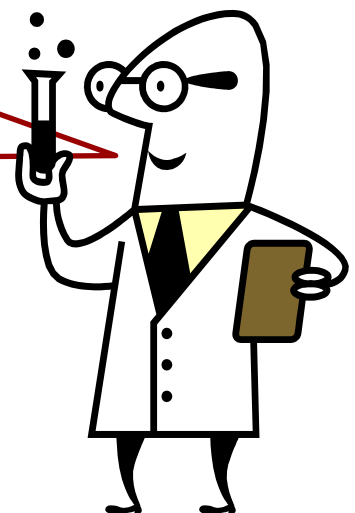
**Pain practitioners should know at the onset what hormone use in pain care IS NOT:**

1. Treatment of diseased endocrine glands as practiced in endocrinology.
2. Use of anti-aging protocols.
3. Use of hormones as practiced for fertility, reproduction, and menopausal issues.
4. Use of hormones for fatigue, depression, or athletic performance.

**Hormone use in pain practice is for two purposes:**

1. Replacement of pain-critical hormones only when laboratory testing shows a deficiency.
2. Use of some neurosteroids and neurohormones for central pain and select clinical problems.

**Dr. Hormone says,** Knowing which hormones and when to use them in pain care is essential and slightly different than how hormones are being used for other clinical purposes.



**Contact Information:**  
Tennant Foundation  
334 S. Glendora Ave.  
West Covina, CA 91740-3043  
Ph: 626-919-7476  
Fax: 626-919-7497  
E-mail: veractinc@msn.com



**Information  
Network**