



**Dr. Techy says,
"HORMONE
TESTING is here!
PAIN PATIENTS
DESERVE IT!"**

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**COMMON QUESTIONS
SERIES NO. 1**

WHY IS HORMONE TESTING IMPORTANT TO PAIN MANAGEMENT?

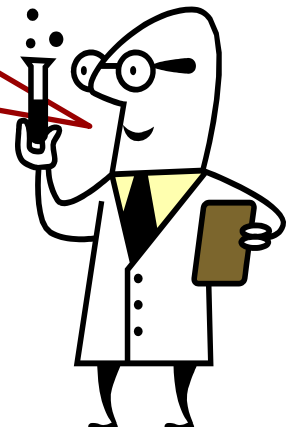
- DETERMINE if the patient's pain is severe enough to stimulate the hypothalamic-pituitary-adrenal-gonadal axis
- DETERMINE if the pain has been severe enough and long enough to deplete some pituitary-adrenal-gonadal hormones that require replacement
- DETERMINE if a medication, particularly opioids, is depleting any hormones that need replacement

TESTING GIVES YOU THIS INFORMATION!

1. High serum hormone levels likely mean that the patient has glial cell inflammation, centralized pain, and hyperarousal of the autonomic nervous system and hypothalamic-pituitary-adrenal axis.
2. Which hormones will need to be at least temporarily replaced.
3. Depletion of a major adrenal or gonadal hormone will tell you why the patient may have poor pain control, fatigue, depression, mental impairment, immobility, and social reclusiveness among other symptoms and behaviors.

Dr. Hormone says,

"Hormone replacement is essential in pain management for physiologic functions and quality of life."



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