



Dr. Techy says,
"Here are some
practical tips."

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BULLETIN 18

COMMON QUESTIONS
SERIES NO. 8

COMPOUNDED OR COMMERCIAL?

MOST PAIN PRACTITIONERS USE A COMBINATION OF THE TWO:

**CHECK
OUT
THESE
FACTS**

THERE IS A VARIETY OF HORMONAL FORMULATIONS. THERE IS NO "ONE-WAY."

WE RECOMMEND EACH PAIN PRACTITIONER SURVEY THEIR COMMUNITY RESOURCES. TODAY THERE IS A COMPOUNDING PHARMACY IN ABOUT EVERY COMMUNITY. TAKE ADVANTAGE.

A COMPOUNDING PHARMACY WILL BE NECESSARY TO MAKE SOME SUBLINGUAL, TOPICAL, OR INJECTABLE FORMULATIONS.

EXPERIMENT A LITTLE—FOR EXAMPLE, SOME PRACTITIONERS PREFER SUBLINGUAL OR TOPICAL RATHER THAN ORAL OR INJECTABLE FORMULATIONS.

SPECIAL SITUATIONS:

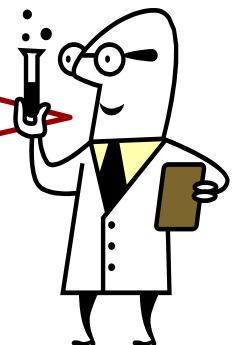
✓ Hydrocortisone is a prescription drug and oral administration but may not always raise serum cortisol levels. This means the patient will need a compounded cortisol formulation. We recommend a starting dose of 7 mg BTD.

✓ Commercial injectable human chorionic gonadotropin (HCG) is extremely expensive. A compounded sublingual formulation is about as effective.

✓ Oxytocin will require a nasal spray or sublingual formulation. We recommend a sublingual liquid dosage of 10 to 20 units per ml.

✓ Oral pregnenolone and DHEA is available over-the-counter. We use a sublingual liquid in a dosage of 100 mg/ml.

Dr. Hormone says,
"Hormone replacement
is low cost, easy to
learn, and a boon to
pain patients."



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