



**Dr. Techy
says, testing is
finally here.**

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WHY THE HORMONE AND PAIN CARE MOVEMENT IN 2013?

Hormones, testing, replacement, and pain are hardly new. So why the excitement over hormones and pain care in 2013? Several factors have coalesced to bring about this development.

- Technology has recently produced the commercial availability to assay pain-critical hormones with ranges of high, low, and normal. Examples: pregnenolone, adrenocorticotropin
- A long series of studies have elucidated severe pain's profound effects on the hormone system
- There is more clear recognition that pain cannot be well-controlled or cured without the neuroprotection and neuroregenerative properties of certain hormones
- There is now realization that opioids and some other symptomatic analgesics are not very effective if hormone deficiencies are present
- Numerous studies show that opioids may cause hormone deficiencies
- Recent reports indicate that some hormones known as neurosteroids or neurohormones reduce centralized pain and its complications

Dr. Hormone says, Perhaps the most compelling push for hormone therapies is that we've gone about as far as we can go with opioids, neuropathic agents, and the varying array of complementary and alternative (CAM) treatments that are available today.

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