



**MAY, 2014  
BULLETIN 22**

**Dr. Techy says,  
"High hormone levels are  
biomarkers of uncontrolled pain"**

## **HIGH PAIN—HIGH HORMONE LEVELS**

**Uncontrolled pain initially raises hormone levels. Depletion and low levels come later if pain isn't controlled.**

### **CASE #1**

**51 year old male  
with chronic, lumbar  
spine pain.**

High

Normal

High

Low

Normal

Normal

### **CASE #2**

**56 Year old female  
with spinal cord injury  
and lower body pain**

High

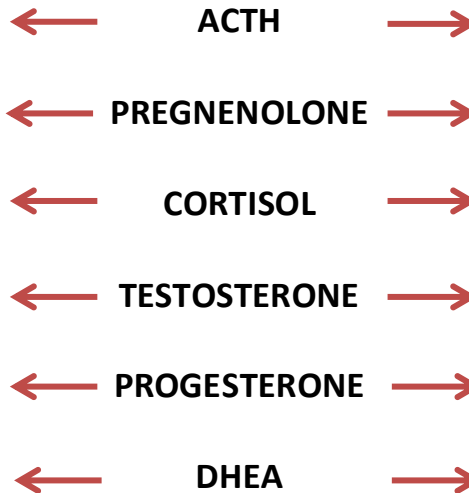
Normal

High

High

Normal

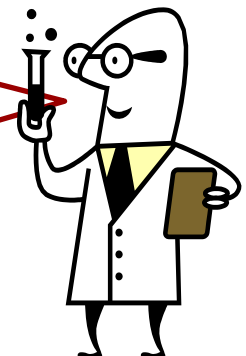
High



**Both patients had their pain treatment regimen boosted and all hormone levels normalized within 90 days. Consider high hormone levels a biomarker of uncontrolled pain.**

**Dr. Hormone says,**

**"Boost pain treatment if  
high hormone levels are  
found. What goes up  
must come down."**



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