



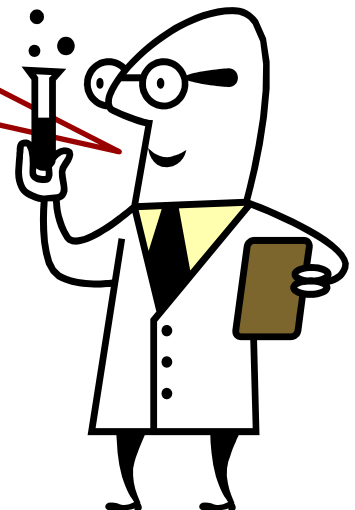
**Dr. Techy says,
Do it smart!
Get a test first!**

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GETTING OVER THE FEAR OF GETTING STARTED

- Few pain practitioners have ever prescribed hormones and are naturally fearful. Hormones, in pain treatment, however, are easy to prescribe and here to stay.
- Work Into It Gradually. Order just a few tests to get started. Note that normal lab values have ranges.
- Don't worry about "horrible" complications that hormones can potentially bring—cancer—adrenal shutdown—Cushing's Syndrome. Why? Hormone replacement in pain patients is low dose (sub-replacement) and only given when a blood test shows a deficiency.
- Check with a colleague who has already started.

Dr. Hormone says, Hormone complications such as cancer only occur when you "SHOTGUN" the dosages and raise blood levels above the normal range.



Contact Information:
Tennant Foundation
334 S. Glendora Ave.
West Covina, CA 91740-3043
Ph: 626-919-7476
Fax: 626-919-7497
E-mail: veractinc@msn.com



**Information
Network**

www.hormnesandpaincare.com