



HOW TO INTERPRET A HORMONE PROFILE

Dr. Techy says, "Look first at the ACTH serum level in a hormone profile"



ACTH – MOST CRITICAL

STEP ONE: Is the adrenocorticotropin (ACTH) level abnormal – too high or too low?

INTERPRETATION: NORMAL ACTH LEVEL

The hypothalamic-pituitary system is functioning well and can increase hormone production with stress and pain flares. Additionally, aggressive and urgent pain treatment measures are not required.

INTERPRETATION: ABNORMAL – TOO HIGH OR TOO LOW

The patient likely has severe, constant, centralized pain. Additional aggressive pain treatment measures are needed.

