



**HEALING DAMAGED SPINAL CORDS WITH  
HUMAN CHORIONIC GONADOTROPIN (HCG) AND NEUROSTEROIDS (NS)**

One only has to read the research studies on the use of HCG and NS's for spinal cord injuries to recognize the hope and potential of these hormones in pain care.

**THE EVIDENCE TO MOVE FORWARD**

Animal or "in-vitro" ("test-tube" type) studies are persuasive. Rats have had their spinal cords severed or sectioned to where they visibly drag their hind-quarters and legs around their cage. They have then been given HCG or one of the neurosteroids. Amazingly, their spinal cords healed to the point that the rat could walk normally. HCG, progesterone, pregnenolone, estradiol, and DHEA have all shown potential to heal damaged spinal cord tissue.

**WHAT ABOUT HUMAN STUDIES?**

We have now administered HCG and some NS's to adhesive arachnoiditis and EDS patients who have spinal cord complications. In our care, patients who have taken HCG and/or neurosteroids have significantly improved. At this time, however, we are uncertain as to the optimal dosages and ways to administer the hormones.

**CONCLUSION AND CURRENT STATUS**

HCG and NS's can be easily added to a symptomatic pain care program to reduce pain and opioid use. The success of early clinical use calls for additional clinical trials.

**SEND FOR A, FREE BIBLIOGRAPHY: "HORMONES AND SPINAL CORD DISORDERS"**



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